

# Accredited Coaching Training Workshop

## Who is this course for?

Ideal for employees needing to develop knowledge and understanding regarding good practice in workplace Coaching of existing employees.

## Course Content

- Nature and role of coaching in the workplace
- Behaviours required by a workplace coach
- Skills, abilities and characteristics of an effective workplace coach
- Development goals that can be met through coaching
- Following a process of effective coaching using a recognised model (e.g. GROW, OSCAR, ARROW or similar)
- Nature and purpose of, and best practice in agreeing, goals and learning outcomes
- Exploration of the coach and line manager responsibilities – differences and potential conflicts
- Strategies to overcome workplace barriers to coaching (negotiation, alternative locations, etc)
- Progress monitoring methodologies and records

## Where can I go next?

This workshop can provide a progression route to:

- Management NVQ or Apprenticeship.
- ILM Certificate in Coaching and Mentoring

## What are the benefits?

- Develop workforce knowledge of coaching
- Gain new skills to improve your business
- Motivated and up skilled workforce
- Achieve Accredited Award

## How are the Qualifications achieved?

The participant attends a locally based one day workshop where they will complete a training session and an assignment (depending on the individuals chosen route which will have been agreed beforehand).

### **One Day Workshop - (3 Credits)**

### **Understanding good practice in workplace coaching**



## Funding

Funding is available for companies within the Black Country (Sandwell, Dudley, Wolverhampton and Walsall), employing fewer than 250 employees across the company.

Contact us now to  
find out more

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Limited Funding available, contact us to find out more about how the Employees Support in Skills Black Country can help move your business forward. Eligibility criteria applies.